

Do's and Don'ts for GWTA Escorts

- Do** be a cheerful and friendly ambassador for the GWTA
- Don't** ever let a bike rider ride on your motorcycle
- Do** be sure to monitor CB channel 35 during the STP
- Don't** head out for a tube or supplies without collecting some money first
- Do** make a note of bib numbers of folks you assist
- Don't** try to pass on a message for a lost team member; there are too many riders to be able to do this easily or with any degree of certainty
- Do** take a break (10-15 minutes) every couple of hours to keep yourself sharp
- Don't** travel in packs of 2-3 GWTA escorts very often; spread yourselves out along the course
- Do** park across the road from the flow of riders when you stop to help someone; cyclists are often forging forward with their heads down and may not see your motorcycle if you stop in the path of the cyclists
- Don't** try to do anything beyond the most basic first aid unless you are certified and qualified; call 911 and/or the STP Ops Center for help
- Do** be prepared for a long day with unexpected incidents
- Don't** honk your horn at bicyclists from behind; that can startle them, and they might turn the wrong way
- Do** say 'hello' and interact with GWTA members from other chapters; the STP is an easy and fun place to meet other members
- Don't** leave the route and go home without checking in with the chapter Focal
- Do** get a picture of you and your motorcycle with a STP bicyclist & their bib #; it's worth a bonus point for *Wing Washington*
- Don't** forget about the Volunteer Ice Cream Social in August; it's a nice time to get to meet the Cascade Bicycle folks who put on the ride